

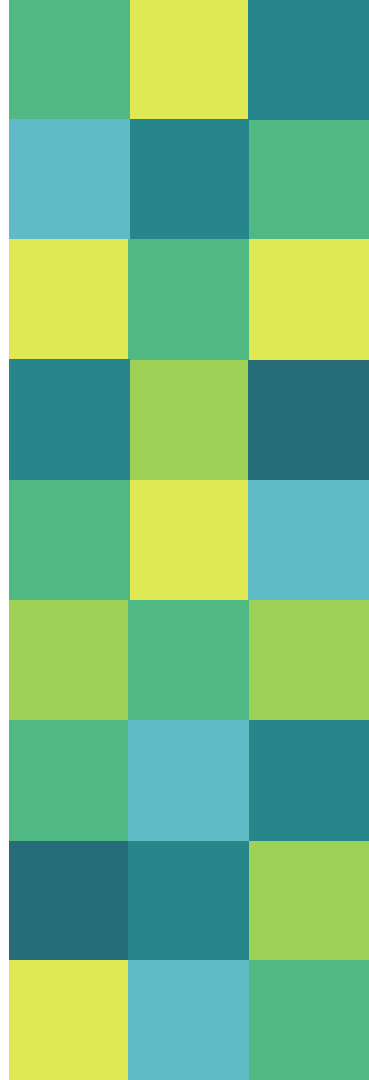


Kathryn Mechaley, Christina Park, Ritika Asher, Defne Inel, Daniel Choi, Arianna Abidi, Inso Park, Isabelle Dastgheib, Joël Bryan, .Isaiah J DeVyldere, Skylar Sawtell

KISS THE GROUND

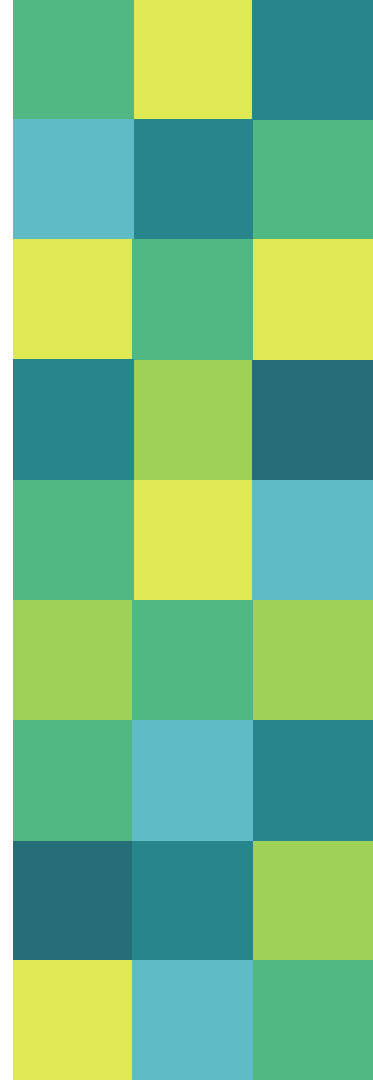
Film Summary:

- Documentary
 - Activists', scientists', and farmers' perspective
- Focus on benefits of topsoil regeneration and other techniques under the broad category of regenerative farming
- Efforts to reverse climate change
 - Scientific, political, and societal lenses
- Environmental health = human health = human rights



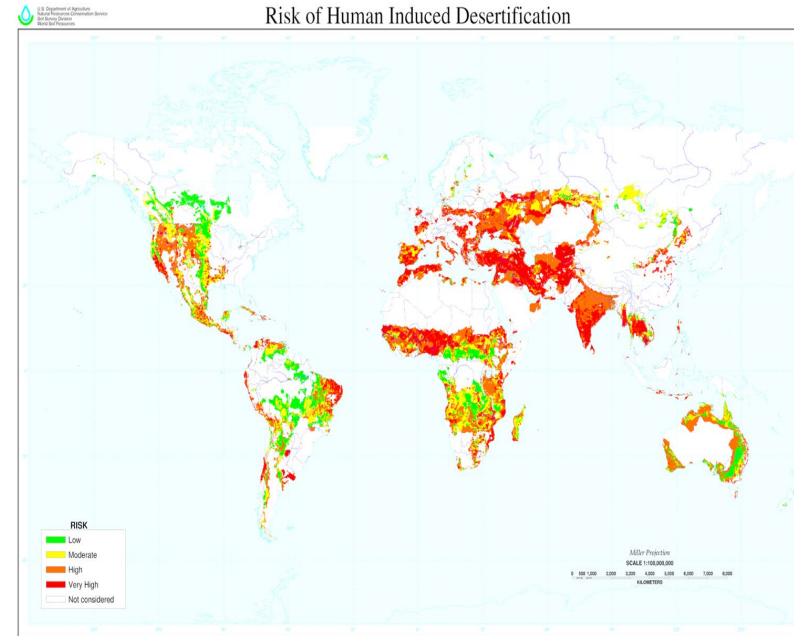
Definitions

- **Regenerative Farming**
 - Conservation & rehabilitation approach to food and farming system that focuses on topsoil regeneration, increasing biodiversity, improving the water cycle, and increasing resilience to climate change.
- **Legacy Load**
 - An amount of carbon dioxide in the atmosphere that will remain for decades to come
- **Drawdown**
 - The point in the future when levels of greenhouse gases in the atmosphere stop climbing and start to steadily decline, thereby stopping catastrophic climate change — as quickly, safely, and equitably as possible.



What is the angle that the movie looks at human rights? What is the context?

- Addresses a variety of human rights: food, water, health, adequate living standards as well as the natural environment for humans as habitat
- Emphasizes that our health and the health of our planet are interconnected
- Taking care of the microbes in the soil is critical to human health
- Healthy soil → healthy plants → healthy animals/plants → healthy humans
- Climate change causes the need for mass migration/displacement because of the increased frequency of natural disasters and desertification of land
- Pesticides and Herbicides negatively affect human health
- Composting helps protect water resources & amend the soil → sanitation and greater access to food
- Through adopting regenerative agriculture, literacy rates can increase, crops become richer in nutrients and greater in quantity, and farmers are able to make more money. In addition, the soil itself renews the biosphere, absorbing the legacy load of carbon.

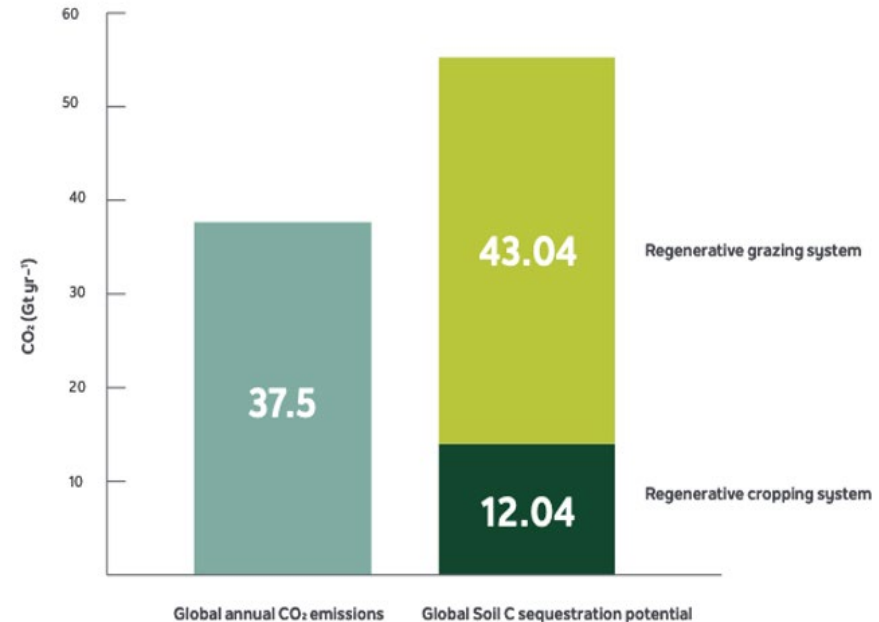


[Source](#)

Language/ Message of the Film:

- Serious with current issues
- Hopeful/ Optimistic with the future
- Encouraging
- “Call to Action”
 - If we can change the earth, we can change the quality of life for everyone on it.
 - We need to work to provide equal opportunity and human rights for all
 - All one step at a time

FIGURE 1: Carbon sequestration potential of global adoption of regenerative agriculture



Message of the Film:

- Cooperating with nature, allowing natural processes to occur
- Educate people about climate change and how soil plays a key role in fighting climate change
- The importance of regenerative farming
- Climate change is something we all have to come together to fight
- Doing so will have significant benefits (economic, social, etc)
- We must change our lifestyle and habits in order to live more sustainably



Takeaways from the Movie

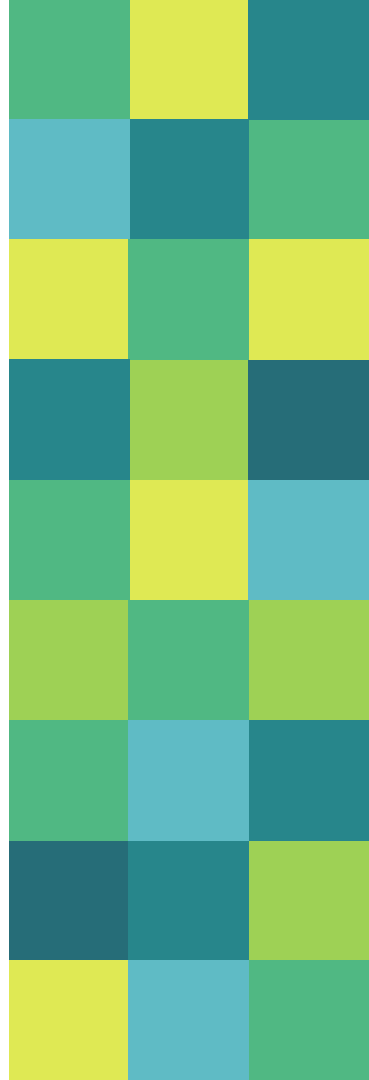
- How to have a more eco-friendly diet
- The harms of government subsidies
- 90% of our farming creates food for animals
- How agriculture can help with climate change
- What we can do on a personal level to help
- The importance and the impact of regenerative farming
- Our health and the health of the planet is connected directly to the state of the Earth's soil
- Reducing greenhouse gas emissions is not enough



Describe two images or scenes from the film that stand out in your mind

One scene that stood out to me is where it was stated that, “Healthy soil leads to a healthy plant. Healthy plant, healthy animal, healthy human, healthy water, healthy climate.” This really stood out to me because it really showcased human rights and what we as humans deserve as our human rights which is the right of clean water, a healthy climate, etc.

Another scene that stood out to me was where it was said that, ““In fact, the solution is right under our feet, We call it soil, earth, or ground...it could be the one thing that can balance our climate, replenish our freshwater supplies, and feed the world.” This statement also really stood out to me because these are some of the many human rights we as humans have, and I found it very interesting how this one thing, which is soil, can replenish our environment





Thanks for
watching!